

About us

We are a team of Pasifika Professionals that includes Counsellors, Social Workers, Psychologists, Court Support Advocates and Youth Therapists. We offer FREE services for Pasifika clients and their families who have been impacted by sexual violence.

We work with survivors and their families to navigate this space through a Pasifika lens.

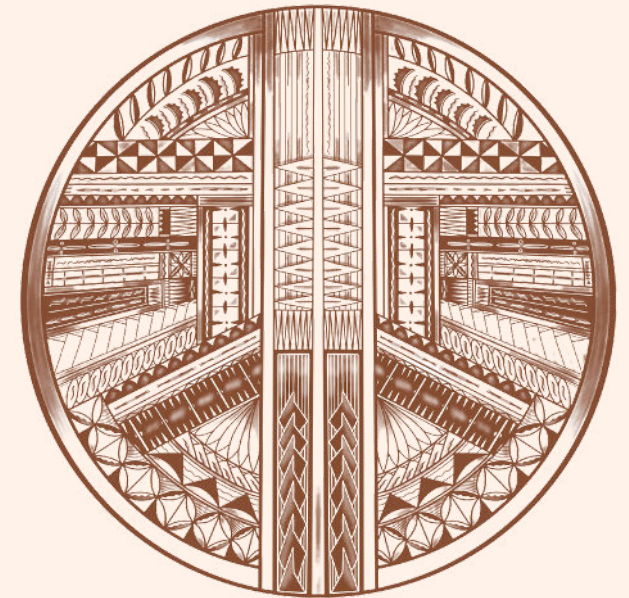


“
**Navigating the sea
of the unspoken
trauma of Sexual
Violence through a
Pasifika lens**
”

Contact our team



- ☎ 24/7 HELPLINE 0800 623 1700
- 📍 Auckland, New Zealand
- ✉ poutu@helpauckland.org.nz



P O U T U
Pasifika

PASIFIKA ADULT SERVICES

Support Service for Pasifika by Pasifika,
for Sexual Abuse Survivors and their families.

*We journey alongside our Pasifika
survivors and their families*

SUPPORT FOR PASIFIKA BY PASIFIKA

Pasifika SUPPORT

Therapy

Sexual abuse can affect children, young people and adults in countless different ways. Our specialist therapists are experienced at working across families to help them to heal the trauma of sexual abuse.

We believe that culturally relevant and appropriate counselling and psychotherapy can be important supports as a survivor and their family progress on their healing journey. We work with each client in an age-appropriate way to heal the trauma of sexual abuse and to help them develop the interpersonal skills and resources that can be damaged or disrupted by sexual violence.

Our therapists are trained in a variety of therapeutic approaches which can be tailored to individual needs and those of your family.

Crisis Support

Poutu Pasifika supports those who've been sexually abused - helping to heal, helping to protect, helping to get justice, and helping survivors and their families reclaim their right to live good lives.

Our Crisis Support Services are available to those who have experienced childhood or adult sexual abuse, assault or rape, their family/aiga and friends, and professionals in the Auckland area.



If you are experiencing any pain or physical symptoms relating to an assault, please consult with a doctor. If you feel it is an emergency, contact 111.

HELP
Preventing sexual abuse.
Supporting survivors.



Our Services

- 01 Crisis Support
- 02 Culturally appropriate Counselling/Family Support
- 03 Social Services/Advocacy
- 04 Long term therapy
- 05 Court Support

POUTU Pasifika

Everyone can feel overwhelmed at the prospect of finding someone and asking them for ongoing help and support after a sexual assault, especially about such a personal topic. But you don't have to cope with your experiences and feelings on your own. Our experienced Pasifika team are able to provide personalised support in the way that you need it at the survivors pace.

Our highly trained, professional staff will safeguard a survivor's emotional health and advocate on their behalf, when they can't.

Our core values are what guide our service:

LE VA
(Sacred relational space)

FA'AALOALO
(Respect)

TAUTUA
(Service)

ALOFA
(Love)

